

# FEBRUARY

A HEALTHY LUNCH IS  
BERRY IMPORTANT TO ME!



## Special Announcements



THE BOARD OF EDUCATION  
LOHN HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

## YEE-HAW!

School Breakfast  
Week is next Month!

1 Chicken Biscuit  
Cereal/Fruit/Milk/Juice

French Bread Pizza  
Garden Salad/Ranch  
Baby Carrots  
Fruit/Milk

2 Stuffed Bagel/Sausage  
Cereal/Fruit/Milk/Juice

Chicken Nuggets  
Mac\*Cheese  
Green Beans  
Fruit/Milk

Dutch Waffles/Bacon  
Cereal/Fruit/Milk/Juice

Ham\*cheese Sandwich  
Baby Carrots/Ranch  
Cucumbers  
Chips/Fruit/Milk

1 Kólache/Yogurt  
Cereal/Fruit/Milk/Juice

Country Fried Steak  
Mashed Potatoes/Gravy  
Green Beans  
Rolls/Fruit/Milk

1 Cheese Omelet Wrap  
Cereal/Fruit/Milk/Juice

Beef\*Cheese Tostadas  
Refried Beans  
Salad/Ranch/Fruit/Milk

1 Breakfast Pizza  
Cereal/Fruit/Milk/Juice

Chicken Spaghetti  
Garden Salad/Ranch  
Vegetable Medley  
Bread sticks/Fruit/Milk

Waffles/Sausage  
Cereal/Fruit/Milk/Juice

Frito Pie  
Baby Carrots/Ranch  
Seasoned Corn  
Fruit/Milk

1 Cinnamon Rolls/Yogurt  
Cereal/Fruit/Milk/Juice

Cheeseburgers  
Sweet Potato Tots  
Celery/ Baby Carrots  
Garnish/Fruit/Milk

1 Pancakes/Bacon/Yogurt  
Cereal/Fruit/Milk/Juice

Stuffed Baked Potatoes  
Garden Salad/Ranch  
Bake beans  
Fruit/Milk

1 Biscuits/Gravy/Sausage  
Cereal/Fruit/Milk/Juice

Grilled Cheese Sandwich  
Chicken Noodle soup  
Cucumber/Tomato-cup  
Fruit/Milk/Cookie

Muffins/Yogurt  
Cereal/Fruit/Milk/Juice

Chicken Sandwich  
Garden Salad/Ranch  
Baby Carrots  
Chips/Fruit/Milk

Strudels/ Yogurt  
Cereal/Fruit/Milk/Juice

French Bread Pizza  
Seasoned Corn  
Cucumbers/Ranch  
Fruit/Milk

1 French Toast/Sticks/Bacon  
Cereal/Fruit/Milk/Juice

Corn Dogs  
Bake Beans  
Baby Carrots/Ranch  
Fruit/Milk

1 Pancake on a stick  
Cereal/Fruit/Milk/Juice

Chicken Nuggets  
Mashed Potatoes/Gravy  
Green Beans  
Rolls/Fruit/Milk

1 Chicken-Biscuit  
Cereal/Fruit/Milk/Juice

Asian Bowl  
Steamed Broccoli  
Baby Carrots/Ranch  
Fruit/Milk

1 Oatmeal/Sausage/yogurt  
Cereal/Fruit/Milk/Juice

Tex-Mex Stack  
Refried Beans  
Salad/Ranch  
Fruit/Milk

1 Breakfast Pizza  
Cereal/Fruit/Milk/Juice

Pull Pork Sliders  
Coleslaw  
Pinto Beans  
Fruit/Milk/Chips

1 Dutch Waffles/Bacon  
Cereal/Fruit/Milk/Juice

Pig in a Blanket  
Oven Fries  
Cucumbers/Ranch  
Fruit/Milk

Pancakes/Sausage  
Cereal/Fruit/Milk/Juice

Breaded Pork Chops  
Mashed Potatoes/Gravy  
Carrot Coins  
Rolls/Fruit/Milk

1 Breakfast Pizza  
Cereal/Fruit/Milk/Juice

Spaghetti Bowl  
Garden Salad/Ranch  
Bread sticks  
Fruit/Milk

1 Biscuits/Eggs/Sausage  
Cereal/Fruit/Milk/Juice

Chicken Quesadillas  
Seasoned Corn  
Ranch Style Beans  
Fruit/Pudding/Milk

Good Eats At:

LOHN HIGH SCHOOL